FROM THE SPORTS DESK - 1T3

Dear Parents, Students, Staff and Friends of O’Loughlin Catholic College,

This is our 2\textsuperscript{nd} release of ‘\textit{FROM THE SPORTS DESK} for T3, and b...o...y...O, b...o...y..., where did the term go and more so, the YEAR one would ask?? The breath we take at, every second, every minute, every hour, every day, every week to month etc. is totally in the palm of our hands to decide what our next step will be. The choice we make with that BREATH this \textit{SECOND}, will directly shape who we are as a person.

Sporting commitments by our students to both School as well as Community Based pursuits continues to have O’Loughlin Catholic College’s name flying high. One of the main reasons is that, as a school we do business differently from other institution; we collectively nurture and ‘\textit{walk}’ with our students.

Many thanks to Mr. Garry Blackett, for looking after our Table Tennis teams and as Mrs. Lisa Fox for taking care, of our Squash teams so far. Table Tennis students included; Peregrine Riggs, Tyton Pratch, Rohan Philip, Michael South and Mihalis Mitsakis. Students in the squash team included; Tyson Kidney, Nic Routledge, Conner Schiller, Luke MacDonald, Ashley Eckford, Alice O’Neil, Rebecca Raynor and Branden Hattam-Ferguson (photo attached).
Lately our College was proudly represented by a number of gifted and talented students, in their chosen sports. Not only had they enjoyed the activities, they were also selected to represent NT, or won medals.

It is very fitting at this time to pass on a report from one of parents in direct response to a request in one of our Newsletters, about student’s achieving outside school. Trish we hope it is ok to include this to encourage more parents send items in;

“Hi I read in a newsletter that the college would like to be aware of sporting achievements outside of the school. Jack Wachtel, Michael Kudra and, Amal Manjo, were selected to represent Darwin in the city cluster cricket team. They compete against teams from around the NT next week. Also Jack Wachtel and Jack Giacomo won their under 15 cricket grand final on the weekend against Southern Districts. They play for Nightcliff. “Thank you Trish.

In Athletics we had three girls in Maddie Gault (Y9) – 3 Gold, 2 Silver, Ingure Wallace (Y7) three medals and Kristie Park (Y11) two medals doing extremely well winning their spots with Darwin Region School Sports at the NT Athletics Championships. A number of students were also selected however with family commitments, could not make it.

In Touch Football, young Jazmin Griffiths (Y7) travelled to Alice Springs as part of Darwin Region School Sport recently, to compete against all other school. Jasmine came back as was very proud for having scored a touchdown. Well done Jasmin. Currently Emily Wilson is also representing the NT in Touch Football and we eagerly await the results of her interstate trip.

So many other sports have happened which we are not aware of at this time, however once details are received, they will be publically acknowledge in the next Newsletter.

Meanwhile the upcoming activity which our school unfortunately did not to get a spot to participate in, due to very high demand, is the Achper “Come N Try” Day. We do apologize to the girls who were eagerly looking forward to going.

After a successful launch of the Wednesday night Netball last year, the 2015 School Netball Competition is again being run. This will start in Week 2 of Term 4, as follows;

COMMENCING: Week 2 to Week 9
NIGHTS: Wednesdays

START: October 14th 2015
FINISH: December 2nd, 2015
COST: $400.00 per TEAM (to be split amongst all players).
ASSISTANCE: Will be considered by school
GRADES: 7 to 10
TIMES: 7pm & maybe 8pm (depending on numbers).
Boys can participate, a MAX of 3 on the court

GAME DURATION: 4 x 10 minutes with breaks.

NO MODIFIED GAMES.

Parents’ Consent Forms will be distributed on Wednesday Week 10, as we are still waiting to see if O’Loughlin Catholic College has been included. So far the count for the players signing is 48. On the signup sheet, we have 20 Y7s, 10 Y8’s, 15 Y9’s and 3 Y10 girls.

During the final week, WEEK 10, our Sports Captains are conducting the following sporting activities for recreation during recess and lunch as follows;

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<th>Mon</th>
<th>Basketball</th>
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<tr>
<td>Tuesday</td>
<td>Soccer</td>
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<td>Wednesday</td>
<td>Netball</td>
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<td>Thursday</td>
<td>Euro-H/B</td>
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<td>Friday</td>
<td>Staff Vs Students – Volleyball</td>
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NT Swimming is running a Swimming ‘Friendly’ Competition at the Casuarina Pool, in Week 2 during Term 4. This has been a long thought through project to encourage schools to have a ‘hit-out’ before Darwin All Schools Night Carnival. The initiative will see O’Loughlin Catholic College, MacKillop Catholic College, St. Johns, Marrara Christian College and possibly Kormilda College participating. This will be a twilight run meet, to simulate the racing environment that is expected during the all schools.

On the subject of fostering positive relationships, as has been the case with Rugby League (Eels Cup, New Castle Knights Cup) St. Johns and O’Loughlin will be staging a Touch Football friendly, either during Week 10 or early next term involving Middle School girls.

O’Loughlin Catholic College was forced to withdraw from this Terms New Castle Knights Cup due to lack of players. We would like to sincerely thank Mr. Rivas for his tireless efforts and dedication to the Code.

Finally but certainly not the least, our FRIDAY afternoon swimming is still going strong. We would like to extend an invitation to all students to take advantage of this health focused activity. It caters for all abilities and supported by a great team of staff made up of, Miss Henderson, Miss. Drummond, Mr. Barnes, Mr. Sibly and Mr. Katal.

Our male and female School Captains have been great role models participating each week and soon to be joined by our Monday night Touch Football Team girls, as part of their recovery program.
As we approach the business end of our School Term with regards Sport one would say around 50% of those achievements have come to be, due to the continued support from all stake-holders – family, school, friends, coaches etc...

Sports and health are inarguably becoming more focused than ever before, in order to enjoy a balanced lifestyle. Many of our students are choosing to ride their bikes to school, as well as some of our staff members. “What a wonderful contribution our school is making towards the Global “SAFE OUR PLANET” campaign.

Until our next newsletter…*STAY HEALTHY & HAPPY*

*Health & Physical Education TEAM*